

# Glucogel Products



	<b>Tube</b>	<b>Bottle</b>
<b>Product Name:</b>	Glucogel 3 x 25g (10g glucose per tube)	Glucogel 1 x 80g (32g glucose per bottle)
<b>Product Code:</b>	GEL002	GEL001
<b>Unit Barcode:</b>	5060094190013	5060094190006
<b>Pack contents</b>	3 tubes plus PIL	1 bottle plus PIL
<b>PIP Code:</b>	242-9793	031-2108
<b>Shelf Life</b>	18 months from date of manufacture	
<b>Classification</b>	Food supplement	
<b>Ingredients</b>	Demineralised Water Dextrose Sodium carboxymethyl cellulose (thickener) Citric acid, tri sodium citrate (acidity regulators) Potassium sorbate	
<b>Nutritional information (per 100g)</b>	Energy            963kJ/227kcal Protein            0g Carbohydrate    56.7g (of which sugars 40.0g) Fat                   0g	
<b>Key Points</b>	<ul style="list-style-type: none"> <li>• 40% dextrose</li> <li>• Easy to carry</li> <li>• Easy to use</li> <li>• Easy to swallow</li> <li>• Fast acting glucose – helps raise blood sugar levels rapidly</li> <li>• Recyclable tube, bottle and packaging</li> <li>• Contains no artificial colouring</li> <li>• Made in England</li> </ul>	

## CUSTOMER PRODUCT INFORMATION

	<b>Tube</b>	<b>Bottle</b>
<b>Instructions for use</b>	<p>Take 1 tube to manage a hypoglycaemic attack (low blood sugar event). Twist cap off tube, squeeze contents into the mouth and gently massage into the cheek. Alternatively, squeeze content into mouth and swallow.</p> <p>Each tube is single use and should be discarded once the required amount is administered.</p>	<p>Take approximately 1 third of a bottle to manage a hypoglycaemic attack (low blood sugar event). Twist cap off bottle, squeeze required amount (1/3) into the mouth and gently massage into the cheek (1/3 bottle is marked on the label). Alternatively, squeeze content into mouth and swallow.</p> <p>Glucogel remaining in the bottle can be kept until the best before end date printed on the bottle).</p>
<b>Dose</b>	<p>NICE guidelines recommend taking between 10 and 20g of carbohydrate (glucose) for treatment of a hypoglycaemic attack.</p> <p>1 tube = 10g glucose 1/3 bottle = approximately 10g glucose</p>	
<b>Warnings</b>	<p>For oral use only (not to be given to people who are unconscious as this may present a choking hazard).</p> <ul style="list-style-type: none"> <li>• Do not use after best before end date.</li> <li>• Do not use if protective seal is broken or missing.</li> <li>• Do not exceed the recommended dosage.</li> <li>• Store at room temperature (If put in the fridge it does not change the composition of Glucogel, but it does become thicker and harder to administer. If it has been kept in the fridge, and you have time, allow to reach room temperature again before using (ideally).</li> <li>• Food supplements should not be used as a substitute for a varied diet or healthy lifestyle.</li> <li>• Consuming products with a high fat content e.g. chocolate, will counteract the effect or efficiency of the glucose</li> <li>• Not recommended for children under 5 years of age (choking hazard)</li> </ul>	
<b>Availability</b>	NHS, various pharmacies, prescription, <a href="http://www.glucogel.co.uk">www.glucogel.co.uk</a>	
<b>Treatment</b>	As required to manage low blood sugar events	
<b>Side effects</b>	No known side effects	
<b>Suitability</b>	Free from: gluten; dairy; lactose; wheat; nuts; animal products	
<b>Suitable for</b>	Vegetarians; vegans; asthmatics; diabetics (following medical advice); during pregnancy; while breast feeding; persons with high blood pressure; persons with thyroid problems; can be used with other medication (always check with pharmacist or doctor if unsure).	

### Packaging - Glucogel Tubes

#### Primary/Unit

Description of Primary/Unit Packaging

Printed carton containing a PIL and 3 x 25g tubes with snap top supplied by BBI Healthcare

Details of Primary Packaging Label and Coding

CUSTOMER PRODUCT INFORMATION

Batch and best before stamped on crimp and ink jet coded on carton	
Best Before End	DOM + 18 months
Primary/Unit Target Weight	25g
Primary/Unit Package Weight	3 x 3g
No of Units per Case/Secondary Packaging	3
<b>Case/SRD</b>	
Description of Case/Secondary Packaging Printed retail carton measuring 55mm wide x 30mm deep x 130mm high with tuck ends	
Inclusions with Case/Secondary Packaging Information leaflet	
Total Gross KG of Finished Unit	95g approx.
Further Collation / Shippers <i>How are they packed</i>	Packed to single wall shippers measuring 310mm wide x 280mm deep x 140mm high
Units per Shipper	150 tubes per shipper
Cases per Shipper	50 printed retail cartons per shipper

<b>Packaging – Glucogel Bottles</b>	
<b>Primary/Unit</b>	
Primary/Unit Target Weight	80g
Primary/Unit Package Weight	13.5g
No of Units per Case/Secondary Packaging	1
<b>Case/SRD</b>	
Description of Case/Secondary Packaging Printed retail carton with tuck ends and security tabs. Holds 1 bottle. Top of carton is coded with batch and best before end date.	
Inclusions with Case/Secondary Packaging Information leaflet	
Total Gross KG of Finished Unit	104g approx.
Further Collation / Shippers <i>How are they packed</i>	Packed to single wall shippers measuring 310mm wide x 280mm deep x 140mm high
Units per Shipper	50 bottles per shipper
Cases per Shipper	50 printed retail cartons per shipper

## CUSTOMER PRODUCT INFORMATION

### Questions & Answers

#### **Should I test my blood glucose before taking Glucogel if I am a diabetic?**

If you have diabetes it is always best to check your blood glucose before consuming Glucogel to confirm that your blood glucose is low and that you need extra carbohydrates.

#### **How long does it take for Glucogel to work?**

NICE guidelines state that when 10-20g of carbohydrates (glucose) is administered, blood glucose levels should increase in 5-15 minutes.

#### **Can Glucogel be given through a PEG tube?**

Yes, Glucogel can be administered through a PEG tube, however you would not expect as quick absorption as you would through the buccal route (mouth/oral administration). It would be expected to increase blood glucose but not as quickly. Specific guidance should be provided by a qualified healthcare professional.

#### **Has Glucogel been tested on animals?**

No, Glucogel has never been tested on animals.

#### **What is the shelf life on Glucogel?**

A best-before-end date is printed on each individual bottle / tube and on the box. Typical shelf life is 18 months from date of manufacture.

#### **Once I have opened the bottle of Glucogel, how long does it last?**

As long as the top is securely refastened, the bottle will last until the best before end date printed on the bottle.